

MENTAL HEALTH SERVICES ACT (MHSA)

COMMUNITY MEETING

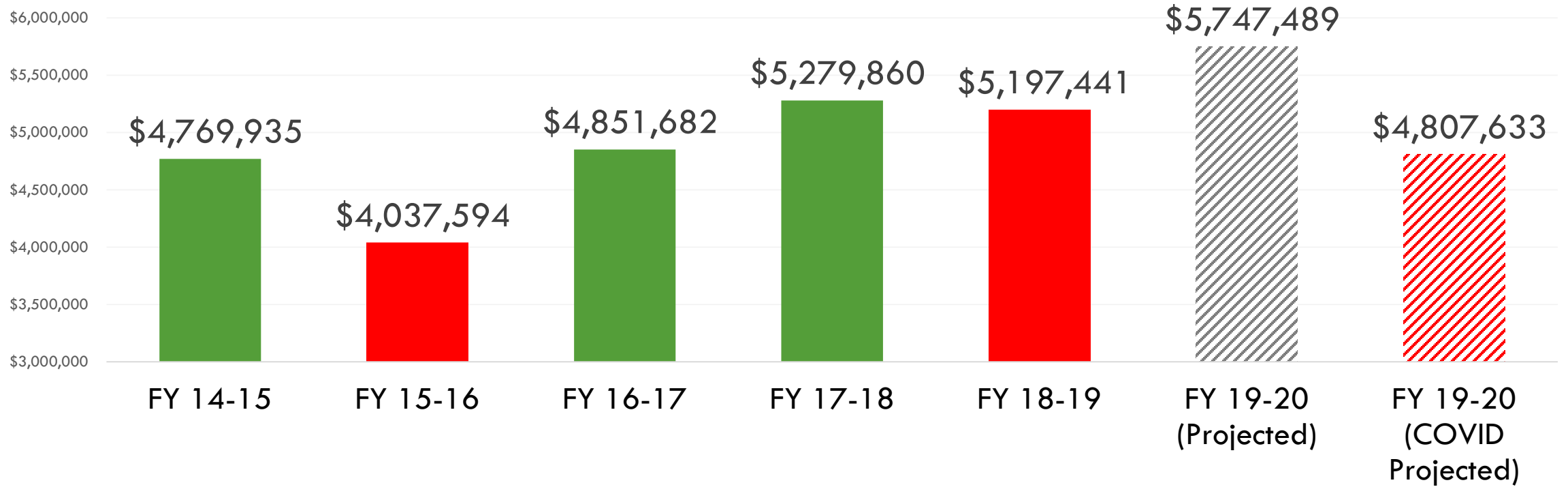
APRIL 14TH, 2020

AGENDA

- Welcome (10 minutes)
- COVID-19 Updates and Impact (30 minutes)
- Three-Year Plan Overview (60 minutes)
- Q&A (20 minutes)

COVID-19 UPDATES & IMPACT

Nevada County MHPA Annual Revenue



Annual Year-over-Year Change in MHPA Revenue	FY 14-15	FY 15-16	FY 16-17	FY 17-18	FY 18-19	FY 19-20 (Projected)	FY 19/20 (COVID Projected)
		40%	-15%	20%	9%	-2%	11%

MHSA UPDATES AND OVERVIEW

WHAT IS MHSA?

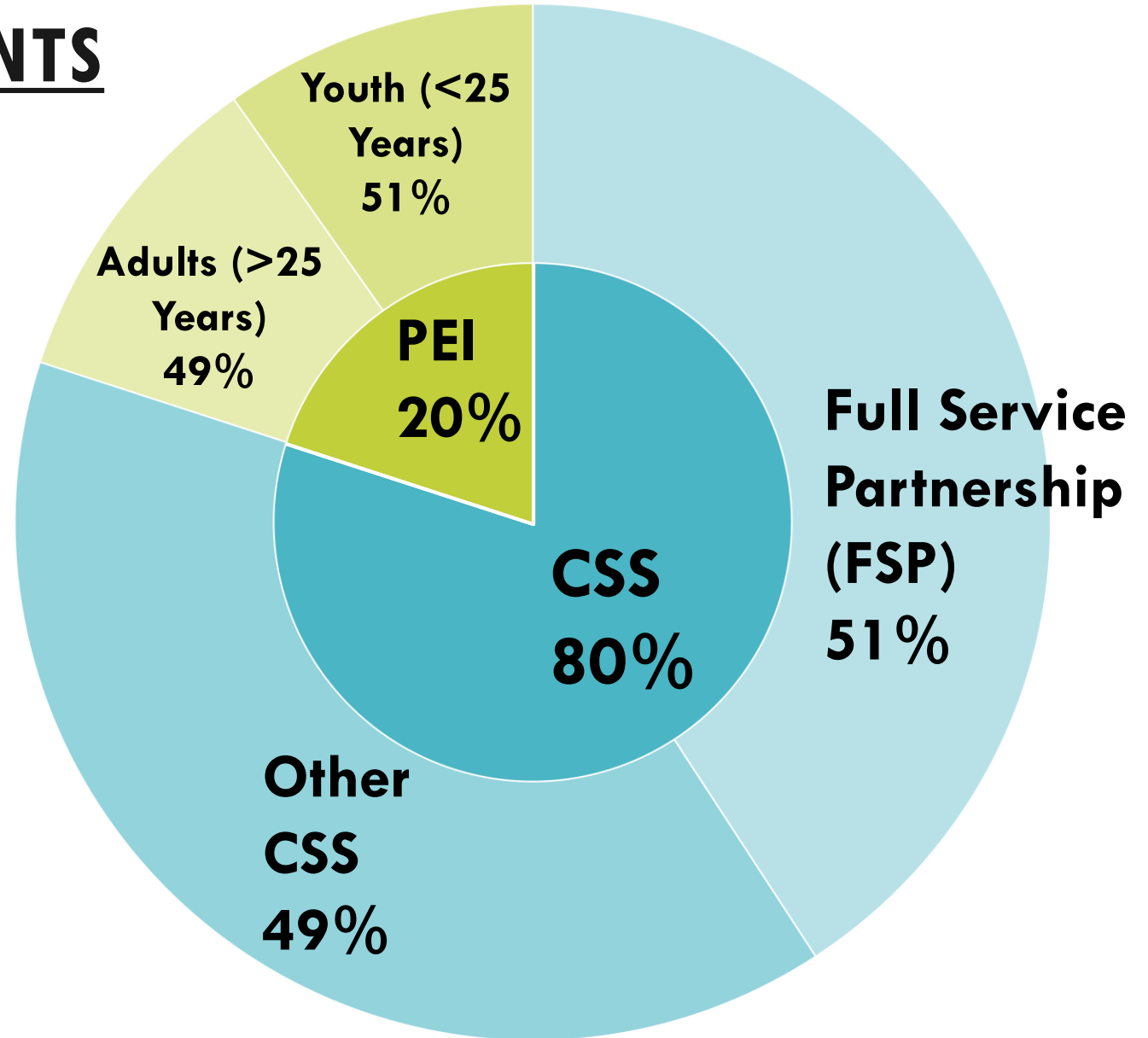


WELLNESS • RECOVERY • RESILIENCE

- ❖ The Mental Health Services Act (MHSA) – Prop 63, was passed by California Voters in November 2004 and went into effect in Jan 2005
- ❖ MHSA is funded by a 1% tax on personal income over \$1 million/per year
- ❖ Since MHSA is tied to personal income, funding can be extremely volatile based on economic factors

MHSA FUNDING REQUIREMENTS

- 5% of total funding is set aside for Innovation – of the *remaining* funding:
- 80% must be spent on Community Services and Supports (CSS)
 - At least 51% must be spent on Full Service Partnerships (FSP)
- 20% must be spent on Prevention & Early Intervention (PEI)
 - At least 51% must be spent on individuals 25 years old or younger
- Actual *total* percentages: 76% CSS, 19% PEI, 5% Innovation



Prevention and Early Intervention (PEI)

20%

PEI programs aim to prevent mental health issues, and implement early strategies to keep serious mental illnesses from being disabling, if possible. 51% of funding set aside for individuals 25 years or younger.

Community Services and Supports (CSS)

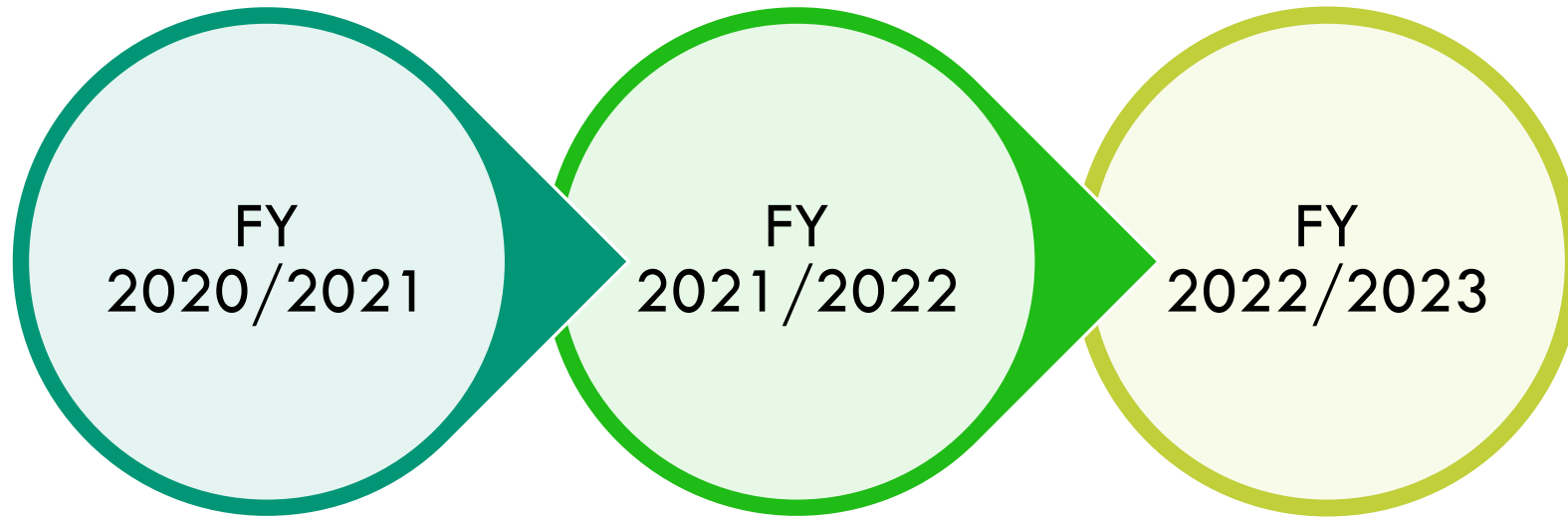
80%

CSS programs provide treatment and recovery services to individuals living with serious mental illness or emotional disturbance. 51% of CSS funding is set aside for Full Service Partnerships (FSP) – “whatever it takes” services.

3-YEAR PLAN



3-YEAR PLANNING PROCESS



- ❖ Must be completed and submitted to state by June 30, 2020

**KEY
BEHAVIORAL
HEALTH
PRIORITIES
FY 20-21 —
FY 22-23**



Homelessness



Criminal Justice Involvement



Child Welfare



Expanded Truckee Services



Transition Age Youth programming

**KEY
BEHAVIORAL
HEALTH
PRIORITIES
FY 20-21 —
FY 22-23**



Performance Outcomes



Community Crises Response



Whole Health approach

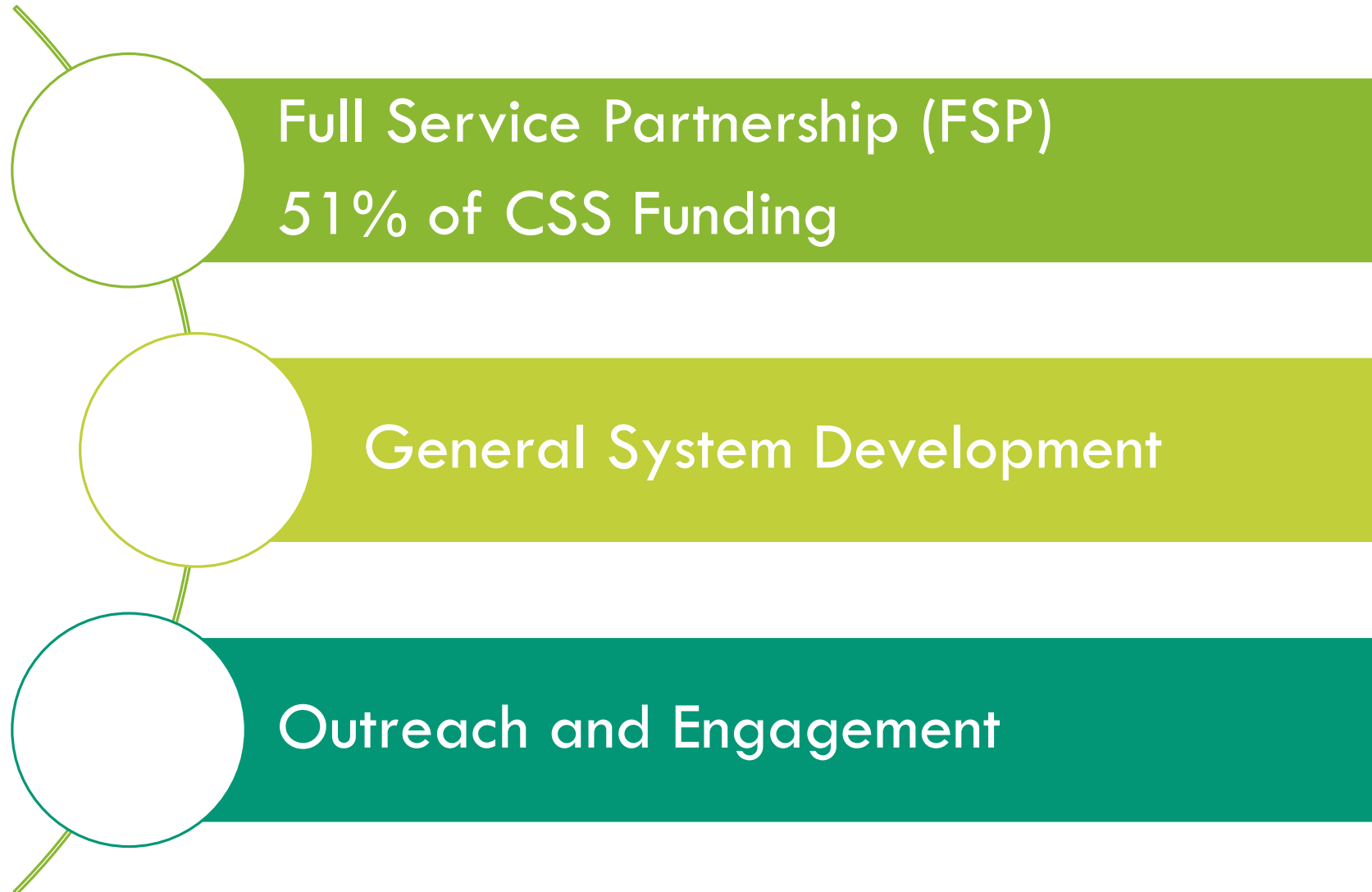


Peer Specialists



Family-Centered Programming

COMMUNITY SERVICES AND SUPPORTS (CSS)



Full Service Partnership (FSP)

Program Name	Providers	MHSA Budget
Children's Full Service Partnership	Victor, Stanford Youth Solutions	\$565,051
Adult Full Service Partnership	Turning Point, NCBH	\$1,479,384

* Budgets listed are estimates and subject to change.

General System Development (GSD)

Program Name	Providers	Budget
Expand Network Providers	Various	\$6,400
Expand Adult and Child Behavioral Health & Psychiatric Services	NCBH	\$321,438
Expand Crisis and Mobile Crisis Intervention Services	Turning Point (Insight Respite Center), Sierra Mental Wellness Group (CSU and Crisis)	\$919,069

* Budgets listed are estimates and subject to change.

General System Development (GSD)

Program Name	Provider	Budget
Emergency Department Outreach and Engagement (Western Only)	SPIRIT	\$96,493
Housing & Supportive Services to Severely Mentally Ill Homeless	NCHDC	\$79,922
Alternative Early Intervention for Youth and Young Adults (Eastern Only)	Gateway	\$31,796
Family Education and Support (Western Only)	NAMI	\$23,359

* Budgets listed are estimates and subject to change.

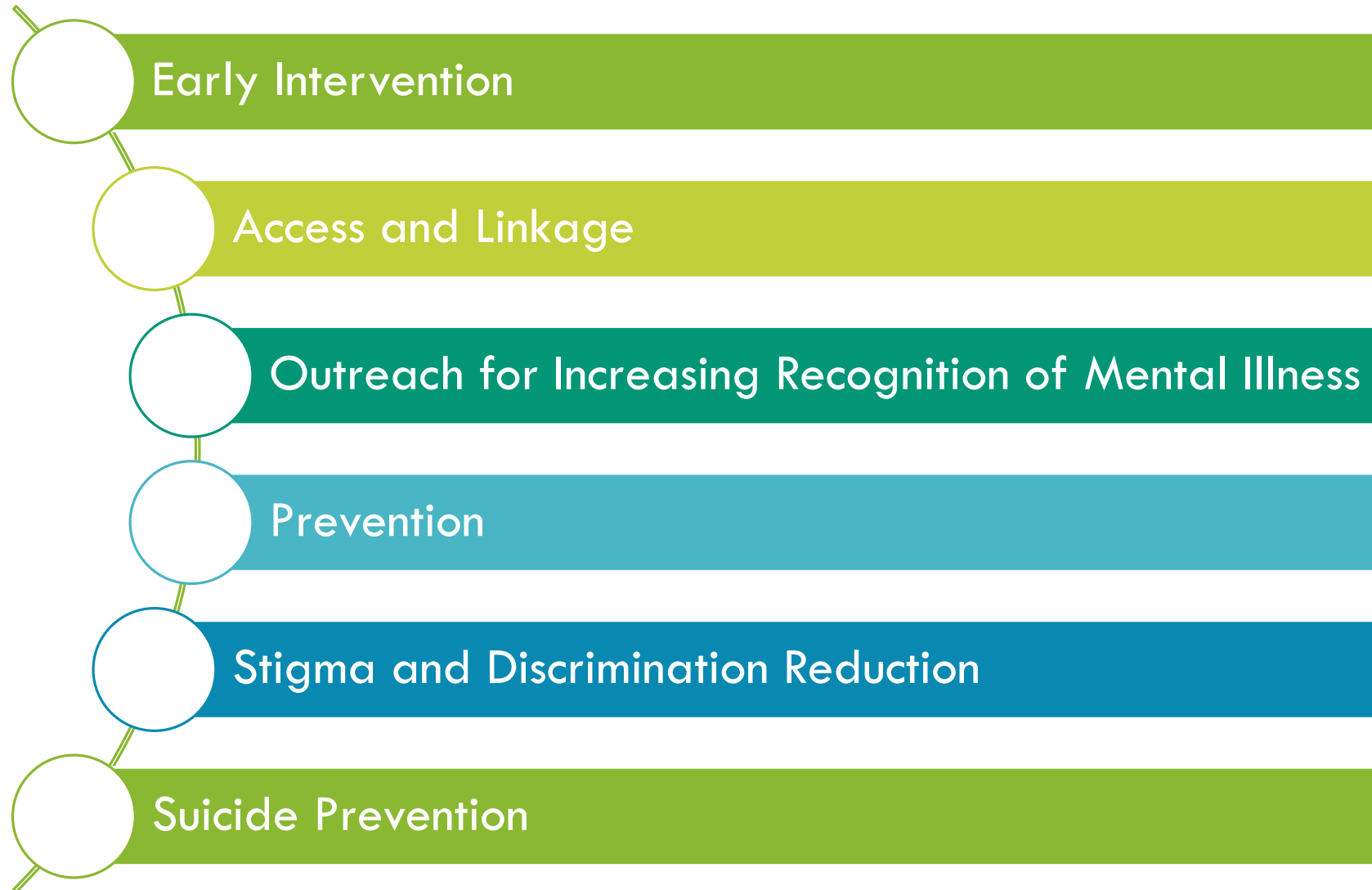
Outreach and Engagement

Program Name	Provider	Budget
Expanded Mental Health Services in North San Juan	Sierra Family Health Center	\$7,571
Case Management & Therapy for Homeless Individuals with Mental Illness (Western Only)	Turning Point, NCBH	\$106,322
Forensic Liaison	Turning Point/NCBH	\$75,200
Veterans' Services	VSO/Welcome Home Vets	\$54,000
Adult Wellness Center (Western Only)	SPIRIT	\$190,698

* Budgets listed are estimates and subject to change.

CSS Program Name	Providers	Total Budget	% of Budget
Adult FSP	Turning Point, NCBH	\$1,401,233	35%
Expand Crisis and Mobile Crisis Intervention Services	Insight Respite Center	\$592,301	15%
Children's FSP	Victor, Stanford Youth Solutions	\$565,051	14%
Expand Crisis and Mobile Crisis Intervention Services	Sierra Mental Wellness Group (Crisis and CSU)	\$326,768	8%
Expand Adult and Children's Behavioral Health & Psychiatric Services	NCBH	\$206,666	5%
Adult Wellness Center	SPIRIT	\$190,698	5%
Intensive Services for Youth	Stanford Youth Solutions	\$119,311	3%
CSS Admin/Eval	NCBH	\$113,664	3%
Emergency Department Outreach and Engagement	SPIRIT	\$96,493	2%
Provide Housing and Supportive Services to the Severely Mentally Ill Homeless	NCHDC	\$79,922	2%
Forensic Liaison	Turning Point/NCBH	\$75,200	2%
Case Management & Therapy for Homeless Individuals with Mental Illness	Turning Point (HAP)	\$67,682	2%
Veterans' Services & Therapy	VSO/Welcome Home Vets	\$54,000	1%
Case Management & Therapy for Homeless Individuals with Mental Illness	NCBH (Julie Choquette)	\$38,640	1%
Alternative Early Intervention for Youth and Young Adults	Gateway	\$31,796	1%
Community Planning Process	NCBH	\$30,340	1%
Family Education and Support	NAMI	\$23,359	1%
Expanded Mental Health Services in North San Juan	Sierra Family Health Center	\$7,571	0.2%
Expand Network Provider	Network Therapists	\$6,400	0.2%
	TOTAL	\$4,040,043	

PREVENTION AND EARLY INTERVENTION (PEI)



Early Intervention

Program Name	Provider	Budget
Bilingual Therapy	NCBH	\$100,000
Perinatal Depression Program	Public Health	\$49,890
Early Intervention for Youth in Crisis (Eastern County Only)	Gateway	\$10,280

* Budgets listed are estimates and subject to change.

Access and Linkage

Program Name	Provider	Budget
Homeless Outreach	Hospitality House, Sierra Community House, Unity Care	\$167,358
Senior Outreach (Western Only)	FREED, Sierra Nevada Memorial Foundation	\$92,669
Mental Health Screening in High Schools	What's Up? Wellness Checks	\$103,780

* Budgets listed are estimates and subject to change.

Outreach for Increasing Recognition of Mental Illness

Program Name	Provider	Budget
First Responder Training	What's Up? Wellness Checks	\$24,375

* Budgets listed are estimates and subject to change.

Prevention

Program Name	Provider	Budget
Youth Mentoring	Big Brothers Big Sisters, Boys and Girls Club	\$30,069
Youth Wellness Center (Eastern County Only)	TTUSD	\$49,595
Family Support/Parenting Classes (Eastern County Only)	Sierra Community House	\$23,519

* Budgets listed are estimates and subject to change.

Stigma and Discrimination Reduction

Program Name	Provider	Budget
Latino Outreach	Sierra Community House, NCSOS (PARTNERS Family Resource Center), Gateway Mountain Center	\$102,751
CalMHSA	CalMHSA	\$45,250

* Budgets listed are estimates and subject to change.

Suicide Prevention

Program Name	Provider	Budget
Suicide Prevention and Intervention	NCBH, Public Health, Sierra Community House	\$132,686

* Budgets listed are estimates and subject to change.

PEI Program Name	Providers	Total Budget	% of Budget
Suicide Prevention	Public Health	\$122,653	12%
Mental Health Screening in High Schools	What's Up? Wellness	\$103,780	10%
Bilingual Therapy	NCBH	\$100,000	10%
Homeless Outreach	Hospitality House	\$99,999	10%
PEI Admin	NCBH	\$74,899	7%
Latino Outreach	NCSOS	\$60,000	6%
Homeless Outreach	Unity Care	\$50,000	5%
Perinatal Depression	Public Health	\$49,890	5%
Youth Wellness Center	TTUSD	\$49,595	5%
Senior Outreach	FREED	\$47,669	5%
CalMHSA	CalMHSA	\$45,250	4%
Senior Outreach	SNMH	\$45,000	4%
Latino Outreach	Sierra Community House	\$39,181	4%
Youth Mentoring	Big Brothers Big Sisters, Boys & Girls Club	\$30,069	3%
First Responder Training	What's Up? Wellness	\$24,375	2%
Family Support/Parenting Classes	Sierra Community House	\$23,519	2%
Homeless Outreach	Sierra Community House	\$17,359	2%
PEI Evaluation	NCBH	\$15,000	1%
Suicide Prevention	Sierra Community House	\$12,033	1%
Early Intervention for Youth in Crisis	Gateway Mountain Center	\$10,280	1%
Latino Outreach	Gateway Mountain Center	\$3,570	0.3%
	TOTAL	\$1,024,121	

WORKFORCE EDUCATION & TRAINING



INNOVATION



Integrated Tahoe/Truckee
Services

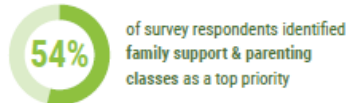
Homeless Outreach and
Medical Engagement (HOME)
Team

MENTAL HEALTH NEEDS ASSESSMENT

Additional Needs for Children & Youth

PARENT SUPPORT & INVOLVEMENT

- Collaboration with service providers and direct support and programs for parents



"Providers don't know how to collaborate with families."

SCHOOL-BASED SERVICES

- Mental health services in schools
- Lack of awareness/understanding of mental illness in schools

"I've heard schools look at behaviors as something that needs to be corrected. Behaviors can be symptoms of mental illness."

SERVICES FOR YOUTH EXPERIENCING HOMELESSNESS

- Homeless youth were identified as the group in most need of additional PEI services for children/youth.

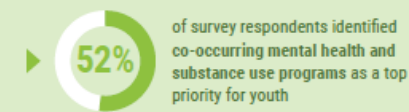


The 2019 Point In Time Count recorded 64 youth (ages 0-24) experiencing homelessness in Nevada County.

Every other January, Nevada County conducts a Point In Time Count to measure the number of individuals experiencing homelessness in our community.



MENTAL HEALTH & SUBSTANCE USE SERVICES



RESPIRE CARE FOR YOUTH

"Respite for youth is one of our greatest needs. Our kids are suffering because we cannot get a break."

TRANSITION AGE YOUTH AGES 16-25



There is also a statewide focus on Early Psychosis Programs to intervene during the first episode or early onset of psychotic symptoms, which often starts in the late teens to mid-twenties.

Other top priorities & groups in need of additional PEI services:

- 47% Youth with child welfare/foster care involvement
- 46% Support for community youth center programs
- 43% Mental health screening in middle schools
- 41% LGBTQ+ youth
- 36% Mindfulness-based intervention

Additional Needs for Adults

Housing & Homelessness

410 experiencing homelessness in Nevada County

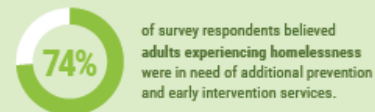
The 2019 Point In Time Count recorded 410 individuals experiencing homelessness in Nevada County, though this very likely understates the true magnitude.

21% self-identified as having a mental illness that contributes to their homelessness.

HOUSING

"Housing continues to be a big issue in our community. It's a community-wide problem, but certainly for the mentally ill we need permanent supportive housing."

SERVICES FOR HOMELESS ADULTS Prevention & Early Intervention



Criminal Justice Involvement

54%

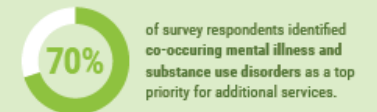
of survey respondents identified adults with criminal justice involvement as a top priority population for additional services.

Nevada County is part of the national Stepping Up Initiative, which aims to reduce the number of individuals with mental illness in jails. Individuals with mental illness are overrepresented in jails, tend to stay longer in jail, and are at a higher risk of returning to incarceration than those without mental illness.



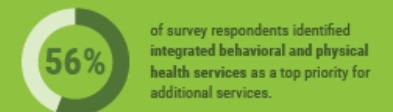
Health

CO-OCCURRING MENTAL HEALTH & SUBSTANCE USE SERVICES



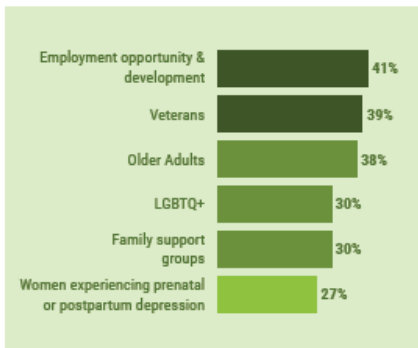
Around 1 in 4 individuals with Serious Mental Illness also have a Substance Use Disorder. SAMHSA National Survey on Drug Use and Health

INTEGRATED BEHAVIORAL & PHYSICAL HEALTH SERVICES



People with serious mental illness (SMI) die on average 25 years earlier than those without SMI, often from preventable physical illnesses. Parke 2006

Other Top Priorities for Adults



FULL SERVICE PARTNERSHIP OUTCOMES

ADULT FULL SERVICE PARTNERSHIP

JULY 2018 – JUNE 2019

Full Service Partnerships are supported with Nevada County Behavioral Health Mental Health Services Act (MHSA) funding. The majority of MHSA funding is dedicated towards Full Service Partnership programs.

Adult Full Services Partnership (FSP) programs are designed for individuals 18+ years old who have been diagnosed with a severe mental illness and would benefit from a more intensive outpatient program. In Fiscal Year 2018/2019, **Turning Point Community Programs** was the primary Adult FSP provider in Nevada County.

The range of treatment and services is comprehensive and flexible, and services are available 24 hours per day, 7 days per week. "Whatever it takes" services may include peer/family counseling, assisted outpatient treatment, psychiatric services, treatment for co-occurring disorders, and housing and employment support.

 **91** INDIVIDUALS SERVED

 **12%** GAINED AND MAINTAINED EMPLOYMENT
9 individuals

HOUSING & HOMELESSNESS



SUCCESSFULLY REMAINED HOUSED

  *71 individuals*

↓30% REDUCTION IN HOMELESSNESS

FY 17/18: 10 CLIENTS ▼ FY 18/19: 7 CLIENTS

PSYCHIATRIC HOSPITALIZATION



AVOIDED PSYCHIATRIC HOSPITALIZATION

  *80 individuals*

↓83% REDUCTION IN PSYCHIATRIC HOSPITALIZATION

FY 17/18: 12 CLIENTS ▼ FY 18/19: 2 CLIENTS

CRIMINAL JUSTICE INVOLVEMENT



AVOIDED ARREST OR INCARCERATION

  *77 individuals*

↓50% REDUCTION IN CRIMINAL JUSTICE INVOLVEMENT

FY 17/18: 4 CLIENTS ▼ FY 18/19: 2 CLIENTS

FULL SERVICE PARTNERSHIP OUTCOMES

CHILDREN'S FULL SERVICE PARTNERSHIP

JULY 2018 – JUNE 2019

Full Service Partnerships are supported with Nevada County Behavioral Health Mental Health Services Act (MHSA) funding. The majority of MHSA funding is dedicated towards Full Service Partnership programs.

Children's Full Service Partnership (FSP) programs are intensive mental health treatment programs for children under age 21 diagnosed with a serious emotional disturbance or mental illness and their families. In Fiscal Year 2018/19, **Victor Community Support Services (VCSS)** was the primary Children's FSP provider in Nevada County.

Victor Community Support Services (VCSS) clinicians and staff create individualized service plans for each youth and family, and work to build upon each family's unique strengths, needs, and existing community supports. Almost all services are delivered within the homes, schools, and communities of the youth and families served.

 **114** YOUTH SERVED

"I am so grateful and at peace with this service. Victor's changed our lives."

 **97%**

SUCCESSFULLY REMAINED HOUSED

 **98%**

AVOIDED PSYCHIATRIC HOSPITALIZATION

 **97%**

AVOIDED NEW LEGAL INVOLVEMENT



ACADEMIC PERFORMANCE

- ▶ **96%** of youth maintained a C average or improved their academic performance
- ▶ **89%** of youth did not experience a suspension or expulsion
- ▶ **81%** of discharged youth were not failing any classes



CAREGIVERS

79%

of caregivers reported increased connections in the community

92%

of caregivers reported their parenting skills increased or improved

"Our team at Victor was amazing. They tried very hard to assist our family with all our needs and work with our schedule."

NEXT STEPS

- ❖ Public Comment Period: **April 15th through May 15th**
 - Email public comment to MHSA@co.nevada.ca.us
 - Mail public comment to:
Priya Kannall
500 Crown Point Circle, Suite 120
Grass Valley, CA 95945
- ❖ Public Hearing: **May 15th at Mental Health and Substance Use Advisory Board Meeting** (likely to be virtual meeting)
- ❖ Please fill out anonymous demographic survey! Link to follow

QUESTIONS? |